

HEALTH AND WELL-BEING BOARD

1 Nov 2016

BI-ANNUAL PROGRESS REPORT FROM THE HEALTH IMPROVEMENT GROUP

Board Sponsor

Cllr. John Smith, Chairman and County Council Cabinet Member for Health and Well-being.

Author

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Relevance of Paper - Priorities

Reducing Harm from Alcohol at all Ages
Good Mental health and Well-being Throughout Life
Being Active at Every Age

Relevance - Groups of Particular Interest

Middle aged people
Older people
Communities and groups with poor health outcomes

Item for Decision, Consideration or Information

Consideration

Recommendation

- 1. The Health and Well-being Board is asked to consider and comment on progress made between June 2016- September 2016; and**

Summary of progress: strategic plans

2. Since the bi-annual progress report was presented to the Board in May 2016, the HIG has received updates on the Mental Well-being and Suicide Prevention Plan and the emerging HWB strategic plans 2016-21 (Alcohol, Being Active, Mental Health & Well-being). A summary of progress is set out below.
3. **Mental Well-being and Suicide Prevention Plan – Year 3 progress summary**
4. The Health Improvement group (HIG) received an annual update for the Mental Well-being and Suicide Prevention Plan for Worcestershire (2013-2016) in June 2016.

5. The HIG were requested to note and support the moving of some operational aspects of the then current Mental Well-being and Suicide Prevention Action Plan 2013-2016 into embedded work and services across partner organisations and support the co-production of a new 'Good Mental Health & Well-being throughout Life' Action Plan.
6. Work within the plan has been delivered by a diversity of partners including; Voluntary & Community Sector organisations, District Councils, Health and Care NHS Trust, CCGs, University of Worcestershire, County Sports & Community Safety Partnerships in collaboration with Public health and other Directorates across the Council.
7. Selected summary and outcomes of the progress demonstrated during the final year of the plan.
8. Health Chats training promotes the 5 Ways to Well-being to frontline staff & service users ; over 1762 people have received training; 170 university nursing and midwifery students 50 progressing to become trainers.
9. A Primary Care Mental Health Needs Assessment has informed the review and redesign of primary care mental health services by Worcestershire CCG's leading to an enhanced primary care mental health service; enabling self-referrals, information and signposting to provision and providing earlier intervention. Worcestershire Healthy Minds service and Well-being Hub has been designed to support and build resilient communities enabling improved access to services (maintains a well-being directory) through flexibility of online availability and enabling all (including those in recovery) to live well in the community, providing interventions through self-help guides, and on line therapy.
10. Mortality from suicide is similar in Worcestershire to the national average of 8.8%, West Midlands 8.3% and Worcestershire 9.1%; the Worcestershire Suicide Audit Group (SAG) meets quarterly to monitor local trends and data. The SAG is implementing a new pro-forma system to determine the modifiable risk factors of suicides that are audited to move forward with work.
11. University of Worcester multi-agency 'Suicide Safer' Project Group has been running for 2+ years. The project launched an out of working hours Nightline listening service at the University; run and staffed by trained student 'listeners'.
12. A new version of Help is at Hand resource has been published. It has been distributed to first responders (Police and Paramedics), Coroners' Officers, Bereavement support organisation, Public libraries, advice centres, health centres and promoted online and on social media.

HWB Priority Strategic Plans 2017-21

13. A stakeholder event on the 9th June 2016. The event was a follow up to previous events that determined the Joint Health and Well-being Strategy priorities for action;
 - Good mental health and well-being throughout life
 - Being active at every age and
 - Reducing harm from alcohol at all ages.
14. The stakeholder event demonstrated the Board's commitment to engage and involve the widest possible range of partners, professionals and local communities in their work. Action plans for the three priority areas were developed as a result of engagement and co-production with stakeholders. The plans were presented to the HIG at its September meeting.

Summary of Progress: District Plans

15. Since the bi-annual progress report to the Board in May 2016, two districts (Wyre forest, Redditch) have presented their district plans.

Redditch District Council

16. An update of Redditch District Council Health and Well-being Partnership Action Plan 2016 was presented to the HIG in June. The priorities of the plan are:
 - Maternal and Early Years Health
 - Obesity
 - Mental Health & Well-being
 - Alcohol

Key projects include

17. Wellbeing in partnership fund - Organisations in Redditch were invited to bid for up to £2.5k from the Redditch Well-being in Partnership one off funding pot. Five bids were successful:
 - Age UK and the Older People's forum – Food for Thought
 - RBC leisure – Playing rounders on green spaces
 - Age UK – Men in Sheds
 - Mental health Action Group Peer Support Project
 - Relate
18. Starting Well campaign – A public information and advice event was held in March 2016 for parents to be and parents of babies and young children
19. Healthy Start - Promotion aimed at raising awareness of healthy start vitamins

20. Diabetes Campaign – A countywide campaign providing information for frontline staff supported by Diabetes UK

21. Development of ongoing projects includes:

- Social prescribing
- Eating Well on a Budget-frontline Staff Training
- Connecting Families

22. Future projects include:

- Maternal and Early Years health campaign in early 2017
- Ongoing support and monitoring of the Redditch wellbeing fund projects
- Work on directory of services for Redditch
- Focus on alcohol
- Upcoming Overview and Scrutiny (CYP mental wellbeing)

Wyre Forest District Council

23. An update of Wyre Forest District Council Health and Wellbeing Partnership Action Plan (2016-20) was presented to the HIG in September. The priorities of the action plan are:

- improving mental health and well-being
- increasing physical activity
- reducing the harm caused by alcohol.

24. The 2016/20 action plan mirrors the three priorities in the Worcestershire Health and Wellbeing Strategy. In addition it addresses the main areas of concern for Wyre Forest and includes some local priorities that will address health issues in the area around statutory homelessness, smoking in pregnancy, fuel poverty and breast feeding that aren't reflected in the countywide strategy.

25. Health inequalities will remain a primary consideration for Wyre Forest and it will continue to support colleagues and partners in providing advice and assistance to the most vulnerable residents whilst also improving employment prospects and facilitating economic growth for all.

26. Good practice initiatives taking place in Wyre forest to improve the Health & Wellbeing of residents include:

- The annual Showcase of Services for Older People at Kidderminster Town Hall.
- In 2016, the first Wyre Forest 'Starting Well' event took place, aimed at parents and carers of babies and young children
- Two Greener Living Shows also took place in 2016 in Bewdley and Kidderminster, organised by WFDC in conjunction with local Transition groups
- Let's Eat the Park - a community food growing scheme, run by the Friends of St. George's Park in Kidderminster

- Reaching Out; a community based project aiming to reach out to older people who are lonely and isolated living in Wyre Forest
- Wyre Forest Parkrun - Parkrun organise free, weekly 5km timed runs
- Worcestershire Works Well - To date, 7 Wyre Forest businesses and organisations have signed up, with 6 of these having achieved accreditation

Housing Issues

27. Charter for Homeless Health

The HIG discussed key housing issues at its September meeting. The Health and Wellbeing Board agreed to embed the priorities from the Housing Charter into work across the County. This work will be taken forward by the Director of Public Health and key partner agencies. It is noted that a new Worcestershire Strategic Housing Partnership plan is at consultation phase and will incorporate a much stronger approach to partnership working on health and housing.

28. Progress against the three commitments in the Charter for Homeless Health signed by the H&WBB include:
- Identifying need, and inclusion of the health needs of people who are homeless in the Joint Strategic Needs Assessment.
 - Providing leadership on addressing homeless health. The Director of Public Health has a key leadership role to play in tackling health inequalities and will lead in promoting integrated responses and identifying opportunities for cross boundary working
 - Commissioning for inclusion: Working with the local authority and clinical commissioning groups to ensure that local health services meet the needs of people who are homeless, and that they are welcoming and easily accessible

Developing an integrated approach to creating alignment between the Better Care Fund Plan and Disabled Facilities Grant Funding (DFG)

29. The September HIG agreed to work together to effectively use the increased levels of funding being allocated to Disabled Facilities Grants (DFG) and work to deliver more integrated and targeted services. It will receive two DFG performance monitoring reports per year
30. The HIG discussed improving the alignment and strategic planning of the DFG and to work with local housing authorities to incorporate DFG programmes and outcomes as part of the overall Better Care Fund planning process.
31. The Health & Wellbeing Board (HWBB) will be requested to sign up to the Health & Housing Memorandum of Understanding (MoU) to ensure more effective planning and co-operation across the sectors further strengthening BCF alignment.

32. In addition to the updates on the WCC Strategic Health and Well-being Plans and the District Plans, the HIG has considered the following:

- Loneliness Plan 2016-18 update
- Tobacco Control Plan
- Healthier You – Worcestershire Diabetes Prevention Programme
- Supplementary Planning Document

33. Updates on H&WBB priority plans 2016-21, will be provided to the HIG annually.

Contact Points

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